



Speaking from Experience

Young People & Mental Health

Transcript for chapter 9 of 9: Looking ahead

Carla – At the moment, I'm studying and working a part-time job, which is working pretty well. I see my future as having a lot of travel and having a lot of fun.

Bianca – Hopefully, I'm all off my medication. Which doesn't look like that's going to happen anytime soon. I hope to be overseas and got a good job.

Jade – My future looks pretty bright. It's just a long road to get there, but that's life, isn't it. My dreams, keep changing, but I'm studying youth work and want to get into case-management, but I might want to be a mental health nurse now. I'm not sure, but definitely in the mental health field and hopefully working with youth.

Trent – I either hope to take a bachelor of law and Sydney University, or continue with business services, as I'm currently studying Certificate II in business services. Or take a career in what i love; music and photography.

Raquel – I'm going to go to University and study psychology or youth work, or both. Then hopefully do a PhD in research and I'm looking forward to the day when I'm a doctor.

Tyson – I want to have something to do with rugby league. I either want to be playing or coaching or training; just something to do with it.

Sean – In terms of my future, I think I've still got a lot going for me. I may have had mental health set-backs in the past, but I've actually used that to strengthen myself. From what I went through with that, I've taken the reality that I was living in at the time as a way of strengthening my reality that I live in now. I'm a university student and I've got goals and ambitions. It's going to stay that way and I'm not going to stop until I get to the top.