



Speaking from Experience Young People & Type 1 Diabetes

Transcript for chapter 7 of 8: Looking ahead

Andrea 19, diagnosed 12: In the future, I want to work in the health industries. I found that when I was diagnosed with diabetes they took such great care of me in hospital, that one day I want to work in a hospital as well and help other people. At the moment, I'm studying science, so I want to go and maybe do post-graduate medicine or physiotherapy and one day help kids. I want to work with kids in a hospital. So, that's my future, hopefully.

Scott: In the future, when I'm a chiropractor – because I'm going to be a chiropractor, positive thoughts. I reckon that diabetes had really pushed me down that track. The health-orientated ways that mum has pointed out to me, has got me to where I am. Being a chiropractor, I'm going to have a great life. I'm going to be healthy, I'm going to be fit, and I'm going to be diabetic – but that's what has helped me get there, I think.

Kayla 15, diagnosed 11: I want to finish school and then go to university., to explore early childhood and help out with the young kids and help them figure out what they're going to be. If that doesn't work out, I want to become a nurse. I really found it good that when I was sick, they just helped me, so I want to be a person that helps other people.

Scott 19, diagnosed 4: I'm going to be able to share my experiences with my patients, and I'll hopefully have patients who are similar to me. If you're going to see a chiropractor, you have to be serious about your health, like me.

Michael 18, diagnosed 16: In the future, I'm looking into a career of P.E. teaching. I guess, my school has influenced that and both of my parents are P.E. teachers, so that's where I've gotten the influence of going into P.E. teaching. Will diabetes have an influence on that, I don't really think that it will affect me as a teacher or how I'll teach or whether I'll be able to teach.

Tori 19, diagnosed 6: In the future, I want to work in the media field somewhere, I'm not really sure, maybe in journalism or something. I don't think diabetes will affect that or affected it so far in my uni course.

Rachel 19, diagnosed 7: In the future, I want to do something to do with marketing or PR, so I don't really think that's been shaped by diabetes. I've got a few friends who want to be dieticians or diabetes educators, and that's been really strongly influenced by the fact that they're diabetic.

Michael: If anything, it will be a positive for me in the future. Having an understanding obviously of diabetes yourself, if there's someone in your workplace or, for me, in the school that I'll be teaching at. I'll be able to share the knowledge that I've got of diabetes to other people so that they understand it.

Rachel: I think my future will be the same as anyone else's. As long as I keep looking after myself, I can't see myself having any long-term consequences from poor diabetes management. So, yeah, I think my future is the same as anyone else's.